# The Stina

Concordia University Montreal, Quebec Vol. 2, No. 4 May 1989

# Concordia University Year End Issue

- Annual
  Awards Banquet
- Profiles:
  New Grid Coaches
- April Varsity Round Up

Mazuno

VALZUNO, 1

Clockwise from far right: Rookie of the Year Debbie Lanteigne; MVP Michael Cohee; Top five finisher Mark Schelb, League-leading scorers Laura Leslie and Debbie Woods-Turner

# PENSEZ-A-NESS



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Fédération des Producteurs de Pommes du Québec Prends-en une...



Lisa Morgan, left, Maria Pia Chavez, and Debbie Woods-Turner accept Championship banner after going undefeated in league and playoffs.

## **Sports Profiles**

Athlete of the Year Mark Mahon; Sensational rookie Roseanne Gamache

## Women's Hockey

Women's Stingers dominate Quebec

## Skiina

The champion Stingers: Year in review

## Women's Volleyball

Coach Melanie Sanford and the Stingers prepare for upcoming season

## Football

Meet Concordia's three newest coaches

## **Awards Banquet**

Largest ever Awards Banquet honouring Concordia's outstanding student athletes

#### Women's Soccer

League champion Stingers preparing to defend title

Concordia University, Montreal, Quebec, Vol. 2, No. 4, May 1989

Canada's largest all-sports university newspaper, *The Sting*, is published throughout the academic year. It is distributed free through centralized boxes on both the downtown campus of Sir George Williams and the west-end campus of Loyola, and at all Stingers' home games. The Office of the Sports Information Director is located in the Loyola Athletic Complex, room PA-09, phone 848-3849 (50). Printing by *Inter-Hauf Developments Inc.*, P.O. Box 515, Outremont, Quebec, 385-4450. Lasersetting and assembly by *fase 2 , enr.*, P.O. Box 593, NDG, Quebec H4A 3P9, 483-1374. *The Sting* welcomes interested writers. For further information, including advertising rates, please contact *The Sting*'s office.

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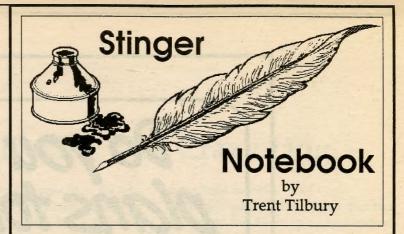
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Shane Mahood Stephanie Bouchard

Sting Art Director. **Bob Pierce** 

Cover photos, clockwise from bottom right: Cliff Skarstedt (2), Shane Mahood, Stephanie Bouchard



Petro-Canada Scholarship

#### Sullivan Wins Award

Concordia Assistant Wrestling Coach Mike Sullivan was recently awarded one of only eight Canada-wide coaching scholarships, by Petro-Canada. Sullivan was granted the scholarship by the Selection Committee for the Petro-Canada Olympic Torch Relay Legacy Fund. The award was conditional upon Sullivan's enrollment in a program at a Canadian University. Sullivan was very happy when he received his first disbursement in March.

"I feel very honored to receive a scholarship of this magnitude," said Sullivan.

"Considering there were only eight awarded in Canada, one

has to be happy."

Sullivan has been involved with the Concordia Wrestling team and its umbrella organization-the Montreal Wrestling Club, for eight years. He wrestled with the maroon and gold for five seasons, helping his team to four National Titles. Selected Concordia's Athlete of the Year in 1987, Sullivan has been Head Coach Loyola H.S. for three years. His coaching philosophy is very simple.

"I don't mind sacrificing short term goals for long term committed to a high

success. I'm very Zilberman, left, with Mike Sullivan

level of performance and getting the best out of an athlete."

The 26 year old native of Montreal won the 1987 Individual CIAU Championship in the 134 lb. category. He has learned a great deal from the likes of National Team Coaches Victor Zilberman and Rob Moore. Sullivan has managed to balance his full-time graduate studies in the Sports Administration Field with his coaching responsibilities.

"It hasn't been easy," explained Sullivan. "I also have administrative duties with the Montreal Wrestling Club with respect to Media Relations."

The \$4 million Legacy Fund, that provided Sullivan with his \$8,000 scholarship, will also grant 100 renewable academic awards of \$1000 and \$2000 to community college and university students across Canada. Roger Jackson, President of the Canadian Olympic Association says, "The COA strongly endorses the fund because of its unique mandate; providing opportunities for academic awards to all COA member sports, disabled athletes, and coaching development."

The initial capital fund was raised over the past two years by Petro-Canada's 3700 dealers through a series of promotions featuring glassware to commemorate the Winter Games in Calgary. "Petro Canada is proud to make this investment in the development of Canadian Youth on behalf of all Canadians," said Petro-Canada CEO Bill Hopper.

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#### **Sports Profiles**

Future Looks Bright

#### Athlete of the Year Mark Mahon

by Al Bishop

When discussing the ability of Stinger captain Mark Mahon, the word that comes to mind most often is "honest." Asked if he was surprised to have as good a season as he did in 1988-89, Mahon replies, "I wouldn't be honest if I didn't say yes."

No kidding. It's no secret that by the time Mahon graduates from the Concordia varsity program, he will be one of the most complete hockey players the Stingers have ever produced. But the kind of numbers Mahon put on the board amounts to a dream season.

In 26 league games, Mahon scored 14 goals and accumulated 50 assists for 64 points, good enough to finish second in the OUAA scoring race and fifth in the country. The 50 assists broke a 16 year old league record for assists in one season (45). Mahon also had a 22 game point scoring streak and figured in over half (54%) of the Stingers goals this year.

It doesn't end there.

He was named to the East division and league all-star team and was also the division and league MVP, and he capped a terrific season by being named Concordia's Male Athlete of the Year. As well he was named to the CIAU All-Canadian team. Heisthe 10th player to make the All-Canadian team in the Stingers' 14 year history and the first since Mark Kosturik in 1986.

A season like that is bound to make even the most modest guy get a swelled head, right? Wrong. "I never thought I'd get the opportunity to do this well," says Mahon with that "honestto-goodness" look on his face. "All the guys who supported me throughout the year, like Rich (Laplante) and Paul (Arsenault) helped make it happen."

Mahon knows what he's saying. When he and Laplante became line mates early in the season, they instantly became one of the best tandems in the country. The pair accounted for one-third of the Stingers' goal output. Mahon also benefited from the natural scoring touch of Laplante (28 goals in 23

games), helping him set the assist record and ultimately leading the team to their best record in six seasons.

Long-time Concordia Coach Arsenault also gave him plenty of ice time, including a spot on the point with the power play. Arsenault calls Mahon "one of the best two-way players in the country," which is coach's talk for "I've got to play him as much as possible for this team to win." He did, and Mahon responded.

Mahon now has to respond to the flood of interest directed at him due to his tremendous season. The NHL's Winnipeg Jets and New York Rangers, among others, are said to be interested in Mahon and national team coach Dave King has contacted Arsenault about the possibility of borrowing his star forward to play in a couple

of international tournaments next year.

But despite all of the attention, Mahon still takes things in stride. "Obviously it would be an honour to pro camp, even

to see what I could do at the American League level. Europe is nice, it's an experience while I'm still young." He pauses. "That's maybe an option."

At this point, options are something Mahon has coming out of his ears. Even if all the hockey rinks in the world blew up he would still have a sense of security with the Economics degree he will earn this year.

But he is again being honest

Sting: Paul Hrasko get a shot at a Mark Mahon accepts the Gill Award from Director of Admissions Tom Swift

when he hints about the American Hockey League, because that's about as close to the NHL as Mahon is likely to get, although not for his lack of trying. While his size and speed are about average at the university level, even Mahon would admit that he may be a bit too small and too slow to make it to the "BIGTIME." On the other hand, he would fit the European game perfectly because of his strong

positional play and his above average passing ability.

But more important things are at hand for now, like preparing for next season. If Mahon can equal the type of numbers he put up at last season, the Stingers can look forward to an excellent chance at a league title. With Mahon leading the way, Concordia's first national title may be within reach.

Honest.

#### Rookie Gamache Dominates Quebec Ski Circuit

by Geoff Baker

This past winter, Concordia skier Roseanne Gamache won seven out of ten races while finishing second three times. Needless to say she dominated the university circuit and clinched the individual women's title three weeks before the season ended.

Despite these overwhelming accomplishments, which garnered her both Rookie-of-the-Year and MVP honours, as well as a \$1500 scholarship, the 22 year-old first-year commerce student claims that she was "just having fun" and "not as serious" about racing as in the past.

Confusing? Unless you know a bit about Gamache's racing history, her statements probably do seem a bit baffling to say the least.

Gamache began skiing at the age of three. Her father was an instructor at Mont St. Sauveur and wanted to see his family perfect their technical approach to the sport through things like lessons and racing. The youngest of three children, Gamache began her racing career at age eight and made the was far from being a memorable one. Laurentian-zone team six years later.

At 15, Gamache qualified for the Quebec team as a slalom specialist and remained there for three years. Finally, when she turned 18, Gamache appeared to get the break she had been waiting for when she was invited to join the Canadian National Team for summer training.

"It was one of those deals where you'd go there to train and if they liked you, they



Gamache was first in Quebec

would let you stay with them for the season," she indicated.

Unfortunately, Gamache's experience

"There was a lot of politics involved and I just got fed up," she says. "After that, I stopped skiing altogether."

Realizing that she would never earn a living as a skier, Gamache decided to return to school, in order to continue the education she had abandonned in favour of ski training two years earlier.

After completing her studies at College Brebeuf, she enrolled as a bio-chemistry major at McGill for one semester before changing her mind and coming to Concor-

Upon her arrival, Gamache decided to get back into ski racing once again — only this time, at the less-competitive scholastic

"I knew that it would still take a big commitment on my part," she says, "but I was also looking forward to enjoying myself without the pressure I'd had on me in the past."

Nevertheless, Gamache says she had no idea that she would be able to do so well in her first year on the team.

"I really didn't know what to expect," she admits. "When I first started the season, I ran into a lot of ex-racers I had known from before and I thought, "What have I gotten myself into?

"It turned out really great though."

Gamache will return to the team in September and take over the role of captain from men's champion Robert Seguin. "They like to turn over the captaincy every year so that the team can be exposed to different ideas and leadership," she ex-

When asked about the possibility of Concordia successfully defending both its Quebec and North American titles, which the team captured this past season, Gamache was guarded.

"We have a lot of people graduating, so I really don't know what the team is going to look like. We'll just have to work hard and hope for the best.

## Women's Hockey

#### by Al Bishop

The Stingers are the best women's university hockey team in Quebec.

Concordia waltzed through the 1988-89 regular season with a perfect 15-0 won-loss record and then disposed of John Abbott College and Bishops in straight games to win their second Quebec Women's Ice Hockey championship in the past three years.

The lady pucksters were once again led by all-star forward Therese Brisson. Concordia's female athlete of the year for the second year in a row led the league in scoring with 32 goals and 59 points, and her overall numbers (52-39-91 in 32 games) would make any player envious.

Brisson wasn't the only star Stinger. Laura Leslie and Debbie Woods-Turner finished behind Brisson in total points, giving Concordia the top three positions in the league scoring race. Woods-Turner also earned an all-star berth for her work this season but remarkably, Leslie was ignored in the post season balloting. The "Stingers Rookie of the Year" racked up 19 goals and 35 assists in league

#### Stingers Look for Greener Pastures



Therese Brisson won her fourth consecutive scoring title for the undefeated Stingers

play, only five points behind Brisson. She also broke two of Brisson's team assist records most assists in a game(8) and one season(58).

The Stingers' third all-star team member owns the best story of all. Fourth year defensive stalwart Lisa Morgan made the dream team with no previous hockey experience before enrolling at Concordia. The Stingers also had an all-star like performance from forward

turned goaltender Sue Prosser, who made her first year guarding the net look easy. She allowed only 22 goals for a sparkling 1.47 goals against average, best in the league by a long shot.

Undefeated through the regular season and playoffs. Three members on the all-star team. Could there be even a small blemish to an otherwise perfect season? As a matter of fact, yes.

Lack of competition.

Going undefeated in a relatively short schedule is not entirely unheard of. When you consistently outscore your opposition by a 5 to 1 ratio, it's time for a change. Which is exactly where the Stingers are headed.

It starts with a visit in February to Providence by coach Les Lawton and assistant Julie Healy. The pair threw around the idea of possibly joining the East Coast Athletics Conference (ECAC). Says Healy, "We spoke

to some people about joining the ECAC and we received a favourable reception from everyone we talked to. (Women's athletic director) Kathy McDonald spoke to their league coordinator and they suggested that we put together a proposal to be ready for May."

The May deadline means that the Stingers, if accepted, would be ready to join the U.S. league by the fall of 1990. There would be little adjustment time required once play began in the new league. The Stingers annually play exhibition matches against the teams south of the border "to give us some competition," says Healy. The Stingers had a 4-5 won-loss record against U.S. schools last year.

Because of Concordia's proximity to the border, the new schedule wouldn't involve excessive travel time, according to Healy. "The format would consist of maybe four 3-day trips to the States as well as weekday trips to the closer schools (e.g. Vermont and St. Lawrence) then we'd have five or so teams play weekend double-headers against us.

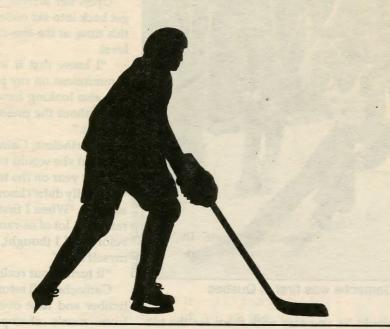
There's no doubt the Stingers would benefit from stiffer competition. Not only would their style of play become stronger but the personnel would improve too. "We would be able to attract a lot of top Canadian players here because the tuition is cheaper and they'd get the same competition with us as they would if they went to a U.S. team."

Meanwhile, Concordia can look forward to another season of domination over their weak sisters in the Quebec league next year. If things continue as before, they can look forward to their real competition outside of league play.

The Stingers are pushing to host the first ever National Championship at Loyola next season for women's university hockey teams. If that doesn't come through, they'll try to arrange for a type of "Challenge Cup," inviting the best teams from Ontario and Quebec for a weekend tournament. Concordia will also get to compete in the annual Hockey East tournament, featuring the top three teams in the U.S. along with the Stingers.

In the meantime, the Stingers can enjoy the summer as league champions and begin to prepare for a repeat in the 1989-90 season.

Then look out, ECAC!



# WINNERS

Sun Life of Canada salutes the hard work and determination that makes every participant a winner.



# Skiing

#### Ski Team Wins Québec Championship

by Jose De Cotis

The Concordia Ski Team proved that hard work can pay huge dividends in the long run. The Stinger Ski Team won the Quebec Ski Circuit, the Can-Am Games and every other category this year's circuit had to offer.

The first race of the season was held at Owl's Head on January 21 and 22. On the women's side, Rosanne Gamache won the giant slalom on the opening day while Renata Scheib placed third and Leslie Clement fifth. The men had Robert Seguin third, Stephane Lebeau sixth and Chris Klotz tenth. On the second day, Gamache placed second, followed by Scheib in third and Clement in sixth place. The men placed Seguin in third once again, Lebeau was fourth, and Mark Scheib took thirteenth.

One week later, during the slalom event at Rimouski, the combination of Gamache-Scheib proved that they were this year's deadliest duo. Gamache and Scheib placed first and second in the first race and repeated their performance in the second race.

The Quebec Carnival had a positive effect on the team because they dominated another meet. Coming into this competition, the men's team had built a huge lead occupying 1st place and the women were 2nd trailing McGill by only 10 points. On the first day, the men's team placed Seguin and Klotz second and fifth respectively. On the second day, Seguin took second again while teammate Mark Scheib placed eighth. Solid performances by Gamache and Savard, placing first and second respectively in both races ensured first place overall.

Concordia hosted the next meet at Belle Neige on February 26 and 27. Saturday's race had rookie sensation Gamache and dependable veteran Renata Scheib finished one-two overall. This result repeated on Sunday. For the men Seguin won Saturday's race and Mark Scheib placed ninth. Seguin, was one of four Canadians to represent our country at the World University Games in Bulgaria. In his absence, Mark Scheib soared

to a fourth place finish and Rivard took eighth spot. As for the meet itself, the team felt that they handled the event's organization flawlessly. According to Rivard, "The team showed strong determination this weekend, not only in skiing, but in having the best organization as well".

Val St-Come was the last race the Concordia Ski Team had to conquer before the Can-Am Games. As usual, they won this

podium with a third place finish while Klotz placed fifth. Gamache stormed past everyone to take the women's gold.

The Can-Am Games proved to be the icing on the cake. The event took place at Le Relais near Quebec City. They faced 19 teams on Easter Weekend, some from the United States, Ontario, Quebec, and Czechoslavakia. Concordia's men's team was formed by the five best racers which included Klotz, Mark



Renata Scheib (L) and Leslie Clement (R) win Can-Am race

fifth, seventh, and eleventh respectively. Saturday's race put Seguin and Gamache on the podium with a third place finish each. Clement placed ninth and eleventh respectively. Easter

team. Concordia was so dominant that they won every event and every category the Circuit had to offer. They took the Men's Overall Team Title and the Women's Team Title. Seguin won the Individual Men's Title despite missing the last three races of the season while Gamache won the Women's Individual Title.

Seguin said he was happy to win the team title. "Europe was a good experience for me because I got to race against the best racers in the world", mentioned the Captain. Incidently, he placed 20th in the World University Games. As for the Can-Am Games, "I am especially happy with the winning this meet because it was the only way to prove that Concordia is the best team in North America." Seguin does not know if he will be back next year. "A lot of things can happen over the summer, so I cannot make a definite statement. All I know is that there are some good recruits for next year's team".

Mark Scheib is retiring from the Unviersity Circuit completing his fifth season.

Gamache won the Individual Title by a land slide (avalanche for skiers). She won almost every race and made the podium a second home. She certainly made a name for herself and will anchor the team next

Renata Scheib, who was always in the top five, finished second overall behind Gamache. Sources say the Europa Games participant will be back to race for the Stingers.

Coaches Jacques Fortier and Jean Savard had this to say about the season. "At the beginning of the year we were not sure of being the number one team, but after the domination of the Owl Head's meet, we knew we had the best team on the Circuit". Fortier continued, "I am so ecstatic, I can't put my feelings into words", he said, "this team was so together - it was the best group I've had in my six years of coaching!"



meet just like the other four. Friday's race, on the men's side, had Klotz placing third and Choquet placing eighth. The women had the dynamic-duo of Gamache and Scheib hard at work. They placed second and third respectively. Saturday the men had Mark Scheib on the Scheib, Arsenault, Rivard, and Seguin. The women's team consisted of Clement, Gamache, Hamilton, and Scheib. Good Friday's race had Seguin, Klotz, and M. Scheib placing fifth, sixth, and eleventh respectively. The women's placed Gamache, Clement, and Scheib

Sunday saw Seguin on the podium once again with a bronze while Klotz finished fifth. Renata Scheib had an eighth place

To sum up the season- this was the first time in recent history that the Quebec Ski Circuit was dominated by one single

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Basketball 1	Aug 14-18	9am to 3pm	12-14	75	
Basketball 2	Aug 14-18	7pm to 10pm	15-17	40	
Volleyball 1	July 31-Aug 4	9am to 3pm	12-14	75	
Volleyball 2	Aug 7-11	9am to 3pm	15-17	75	
Volleyball 3	Sept 8-10	(Coaches CLinic)	Level 1	50	

FOR MORE INFORMATION, CONTACT **MELANIE SANFORD AT 848-3856** 



### Women's Volleyball

#### Concordia Volleyball in High Gear

#### by Geoff Baker

Concordia volleyball coach Melanie Sanford knows that being in charge of a team which has just completed its innaugural year of existence, means that your job doesn't end when the final points have been smashed to the floor.

Sanford, who came to Concordia from the University of Victoria last year, says that the Stingers had a "very successful" year, but that it was also "only the beginning".

These days, the coach is hard at work setting up a summer program which she says will benefit both the team and the community. The program will consist of a series of clinics for both players and coaches and takes place in August and September.

At the same time, Sanford is trying to develop a "feeder system" for the Stingers, which would involve setting up a network of CEGEP and club teams who would develop players that could eventually come to Concordia.

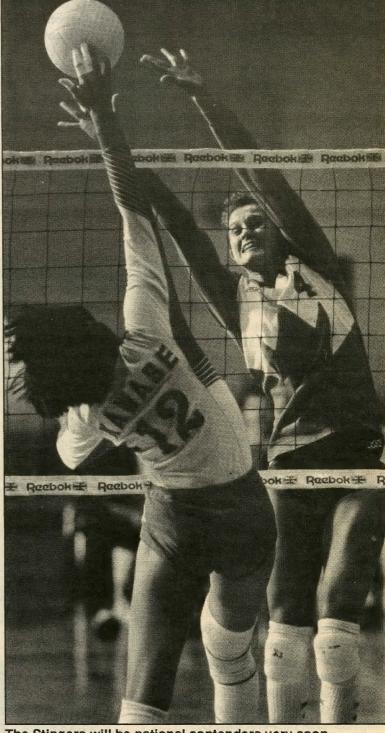
"Our first step was to set up a club which could compete at the juvenile (16-under) level," she indicates. "What we would do is support the team and furnish them with coaches who are also affiliated with us. We'd try to implement a system on that team, the same one that we use over here at Concordia."

Sanford indicates that she has also secured a commitment from Champlain College in St. Lambert, to carry out the second stage of the network - at the CEGEP level.

"By doing this, we'd be able to keep putting the same players up through the same system, until they reach the final stage which is the university team," Sanford says. "It gives you a big advantage over other teams if your players are familiar with a program before they have even played a single game for you.

If all goes well, Sanford can see the possibility of the network being expanded to the younger midget level and to the older junior level - which would serve as a go-between from CEGEP to university.

"There are no limits to this type of program and what it can



The Stingers will be national contenders very soon

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do," she points out. "We would have regular meetings with all the lower-level coaches and tell them what we expect. We would all be in close contact with each other."

According to Sanford, the

system would serve two purposes. First, it would fill the Athletics Department mandate of providing a program for both the university and the general community. Second, it

fills the mandate of the Quebec Volleyball Federation, which the team will ultimately need

for support.

As far as the summer clinics go, Sanford indicates that the juvenile tryouts will begin on May 10. The Stingers will hold their spring training camp for all 1989-90 hopefulls two weeks

> later, from May 26-28. During the week of July 31-August 4, Concordia will host a volleyball instruction camp for 12-14 year-olds, with a session for 15-17 year-olds occurring from Au-

gust 7-11. A Level 1 coaching clinic will take place from September 8-10.

#### Football

#### CFL Great Arakgi Joins Stingers

Concordia had two All-Conference receivers last year in Pat Yoshy and Mirco Buth. How many will it have with a former CFL star putting the troops through the paces in 1988? Nick Arakgi starred as a 6'6" tight end with Montreal and Winnipeg from 1979-1987. He missed 1986 with a neck injury. His career totals of 370 catches, 4865 receiving yards and 27 touchdowns are impressive, but he is remembered by Montreal football fans as a gutsy player who played his heart out on some truly uninspired Concordes and Alouette teams. The image of the towering Arakgi stiff-arming some 5'10" defensive back into the stands as he carried another gnat-like defender on his back lingers in many sports enthusiasts' memories.

Arakgi played at Bishop's University and Concordia, where he split time with Pat Sheahan at tight end. Sheahan says with a straight face that Arakgi won the job from him as the season wore on.

Although it is his first coaching job, Sheahan feels Arakgi's credentials speak for themselves.

"There is no question Nick has the knowledge from eight years in the pros to coach at this level. He knows his stuff."

# Three New Coaches Join Stingers

When Skip Rochette stepped down as Concordia's head football coach last November, it opened the door for new blood in the coaching ranks. Former McGill assistant Pat Sheahan brings solid credentials to his new post as head coach. He has also brought along some impressive assistants who will try and help him improve Concordia's 3-4 record in 1988

Stories by Leo Gervais

Current Stinger players agree with that assessment. One player says,

"He knows what players go through in practice. He makes if fun and players don't mind working hard for him. He's more like one of us (players) than a coach and his experience is something to learn from."

There's no doubt Nick has the goods. Stinger fans are hoping Arakgi will help Concordia catch championship fever in

#### Lou Oliveira: The Crazy Dog

Concordia has had a reputation for producing pro-quality linemen over the years. Rocco Romano, Mike Bertone, Paul Palma, and Nick Benjamin have all been drafted by CFL teams in the past, and Richard McCrory, a Stinger All-Canadian in 1988, will get his shot this year with the Calgary Stampeders.

This year, Concordia's front five will be coached by former McGill offensive lineman Lou Oliveira. Last year's 0-line coach Mike Enright will be handling the offensive backs this year.

Oliveira teamed with former McGill snap Al Lekun to anchor one of the most effective lines, nicknamed the "crazy dogs," in the country. He played a big part in opening holes for All-Canadian fullback Mike Soles and leading the Redmen to the Vanier Cup title in 1987.

Oliveira, 27, is a Rosemount native who started his football career in Chomedey. He played in Chomedey until Junior with the Laval Scorpions, then switched to the Verdun Maple Leafs in 1979. He stayed with the team in 1980 when it moved to the West Island and became the Junior Alouettes. He played two more years with the team, which changed its name in 1981 to the Junior Concordes, and went to the Canadian

Junior Final in 1982.

Oliveira played five years for the Redmen, and ended his playing career as a player-coach last year in France.

His coaching career began at Selwyn House High School where he instructed for two years in '86-'87. He coached Vieux Montreal CEGEP last year.

Oliveira said he "didn't hesitate for a second" when head coach Pat Sheahan offered him the job at Concordia. He and Sheahan have been friends since Pat coached him with the Junior 'Cordes, and he says they have similar philosophies.

"I always asked a lot of questions and studied a lot of film. I'm an analyzer, and Pat is the same way."

Oliveira believes simplicity and the repetition of fundamentals are the keys to success in football. The less complicated the better so consistency and conditioning will determine who wins the battles. He also doesn't believe coaching is a one way street.

"You can't dictate and enforce. You must get players involved with your ideas and if they're good ones, hopefully they'll believe them and work with you to perfect them," says Oliveira.

Oliveira was "extremely pleased" with the play of the 0-line in spring camp, especially the two Vajda brothers who "are definitely the two best guards in the conference" and tackle Jacques Moreau who he says, "is very tough when he gets his arms up in from of people." Depth and consistency are the two areas that could be improved by September, he says.

Oliveira is also Concordia's strength coach. Conditioning played a big part in McGill's success over the years, and he is developing training programs for current Stinger players. Long distance running and occasional weight-lifting have helped the nearly six-foot Oliveira drop from his playing weight of 247 lbs to 218 lbs. He has always believed in keeping in shape, never exceeding his playing weight by more than a few pounds.

Oliveira is putting his Physical Education degree to good use by teaching at Lindsay Place High School. He plans to marry his fiancee Misty in a couple of years and resides in Little Burgundy near downtown.

McGill football was a great experience for him, he says. But he emphasized he is "very excited about Concordia" and considers himself a full blooded Stinger. He looks forward to that first Concordia-McGill game on Sept. 16 and says the rivalry will be turned up "a couple of more notches" because of the influx of McGill coaches here. And he had only one thing to say to his new foes at the other end of Sherbrooke Street.

"Make sure you put down that I really want to beat McGill."

No problem Lou.

#### New Ring Leader Bolts McGill for Concordia

Larry Ring, 29, was McGill's defensive coordinator from '85-'88 and will perform the same job under Sheahan at Concordia. Bob Hurtubise and Pete Regimbald, two members of the '88 Stinger staff, will coach the defensive line and linebackers respectively.

Ring was a good enough hockey player to be drafted by the Oshawa Generals in the Ontario Junior league. He excelled in football however, playing free safety for his hometown Ottawa Sooners in the Ontario Junior Football League. After playing for the Bishop's Gaiters, where he received a degree in

marketing, he was drafted by the Ottawa Roughriders in 1981. He also had a tryout with the Montreal Concordes in 1982. He now resides on the West Island with his wife and operates his own marketing company, Trendmark.

Ring is also a Concordia Alumnus with a Masters degree in Sports Administration and is one of Sheahan's best friends in and out of the coaches room. But he cites another reason for his defection from the Redmen.

"Pat Sheahan is a top notch recruiter. Recruiting is the number one function of a coach. If they can't play, we can't coach, and Pat finds people who can play."

Ring likes the pressure-type defense, using players to fit a system. A testament to his coaching ability was last year's McGill defense. They finished the year averaging less points against per game than the '87 Championship season. They even did it while losing 11 of 15 regulars, including most of the defense.

Ring used to have carte blanche with the McGill defense and ran it as he saw fit. Judging from the success he has had, it is safe to assume Pat Sheahan will allow this assistant coach to be the "Ring Leader" of the '89 Stinger Defense.



### Concordia Awards Night

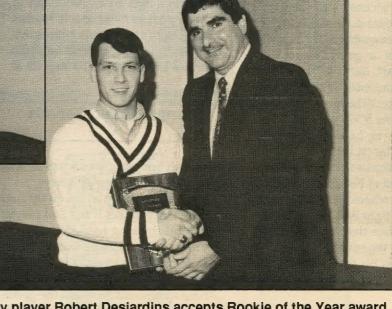


Hockey player Therèse Brisson acccepting Athlete of the Year Award from Dr. Charles Giguère, Vice-Rector, Services

#### STINGER MVP's

Football Soccer (F) Soccer (M) Hockey (F) Hockey (M) Basketball (F) Backetball (M) Volleyball Skiing (F) Skiing (M) Wrestling

Martin Ferdais Connie Cant Henrik Lystager Therèse Brisson Mark Mahon Sharon St. Croix Michael Cohee Norma Tavormina Rosanne Ganache Robert Seguin Andy Borodow Rob Dawson David Mendelsohn



ceremonies.

Photos by Paul Hrasko

The 14th Annual Athletic Awards Banquet was held April 6, 1989. Over 250 athletes, guests, and VIPS enjoyed the

Hockey player Robert Desjardins accepts Rookie of the Year award from Larry Carriere, former NHL player and Concordia Stinger

See page 5 for profile of Mark Mahon, male Athlete of the Year



Hockey player Lisa Morgan accepts Denise Beaudet award from Kathy McDonald, Associate Athletics Director

Concordia-McGill Media Award Scott Russell, CBC TV

> Manager of the Year Carrie Boone, Hockey



Soccer player Sophie Drolet accepts Rookie of the Year award from Theresa Humes, former Women's Athletic Coordinator

## Soccer

## Women's Team Keeping Busy

#### by Geoff Baker

After running away with the Quebec University Soccer League title in 1988, the Concordia Stingers will be hard-pressed to repeat as champions in 1989. At least that's what coach Lyonel Joseph is saying.

"It should be very interesting," indicated the sophomore helmsman, who led Concordia to a berth in the National semi-finals during his maiden stint behind the bench. "Everyone will be out to get us, there's no doubt about that. We beat everyone last year, so now they'll be trying to prove that they're better than us."

Concordia will unquestionably be the team to beat come September—when training camp officially opens. For now though, the squad has decided to get a head start on the competition by playing in a couple of exhibition indoor tournaments. Last month, the Stingers played a tourney in Rhode Island, then, a few weeks later, they travelled to Connecticut for a series of games there.

"We didn't go there with the idea of winning," indicates Joseph. "I wanted to expose the players to a higher level of competition and playing against the American schools certainly did that. I think things went well."

At the Connecticut event, Concordia placed first in their division in the "four-aside" competition before losing out to the host University of Connecticut squad 4-2 in the semi-finals. In the "six-aside" tournament, the Stingers placed third in their division, but missed the playoff round.

"I think that everyone showed a lot of character at that tournament," says Joseph, who will now give his charges some time off for exams and summer vacation.

For Joseph however, the work is just beginning. Concordia will have close to tem players returning from last year's team, but will also lose a handful of veterans—including MVP Connie Cant. Joseph realizes that these people will be hard to replace and has been diligent in recruiting players such as midfielder Deanne Miller of John Abbott College, into the fold.

"Deanne has told us that she'll be here in the fall. She's a fine soccer player—the kind that any team would like to have playing for them.

"We've also gone after a few other really talented players, but they haven't confirmed anything of yet, so I can't give you any names." One of those recruits is currently playing for an American University.

Regardless of who joins the club for the 1989 season, one person who will have to perform if the team is to go anywhere is Sophie Drolet—the rookie sensation who notched a Canadian record 17 regular season goals in 1988.

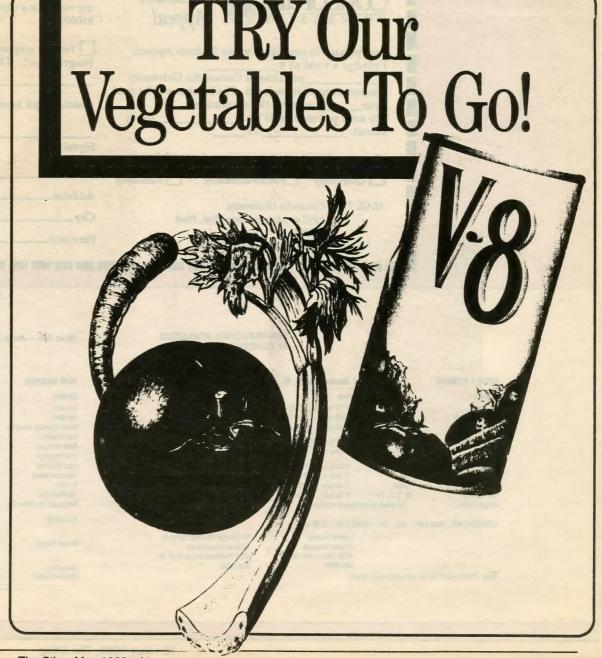
Joseph knows that Drolet is an integral part of the Stingers' mechanism, but also warns that it won't be easy for the 22 year-old to duplicate her perfromance of last fall. "It might be a bit harder for her this time around because everyone will be watching her closely. Still, she's a competitor and enjoys that type of attention."

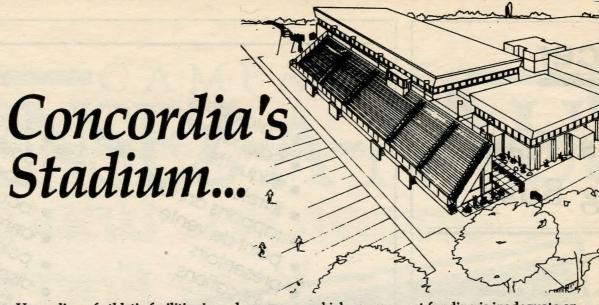
"When Sophie was getting all her goals, it was because someone was passing her the ball. We have to focus on that aspect, the team aspect, if we want to be successful."

And what of the national title? After losing by an overtime shootout to eventual-champion Queen's in last year's semi-final, does Joseph see the Stingers going for gold in 1989?

"My goal is to field a competitive team. If we win, fine. If we lose, then as long as we were competitive, I'll be satisfied. It's hard to say what our chances are. It will depend on luck and how badly we want to win."







Upgrading of athletic facilities is under way at Concordia. The University acquired the Verdun Municipal Stadium for the token sum of \$1. Initially, the Stadium Appeal will cover the cost of dismantling, moving and reassembling the 270-foot long facility. Work will then be undertaken to build changing and training rooms, and a Hall of Fame to link these new facilities to the existing athletic complex. The Stadium Appeal is an opportunity to rally for improved athletic facilities at Concordia.

The stadium appeal is an integral part of the University's Annual Giving Programme. Concordia's Annual Giving Programme represents a continuing commitment by individual and corporate supporters, to enable the University to fund priority projects for which government funding is inadequate or unavailable.

Making your gift is simple. Make cheques or money orders payable to Concordia University Stadium Appeal. All gifts are acknowledged promptly with official tax receipts valid for tax purposes. You may pledge your contribution over a maximum of 36 months. A pledge card is provided below for this purpose. "The completion of the stadium will play a significant role in the development of the Athletics programme at Concordia University. It represents part of the University's commitment to grow and is the result of a combined effort which involves all areas of the University Community", says George Springate, SGW '65, Chairman of the Stadium Appeal.

Concordia UNIVERSITY Stadium Appeal	I hereby authorize Concordia University to print my name on a commemorative plaque (donors of \$1000+).		
I am pleased to contribute to the Stadium Appeal.  I pledge a total of \$  \$payable to Concordia University Stadium Appeal is enclosed. The balance will be paid over months (36 maximum).  My next payment will be \$ on or	Yes, my employer has a "Matching Gift Programme". The signed  (name of employer) matching gift form is enclosed.		
about19  Please send me/us payment reminders as follows:	Signature Date		
Quarterly Semi-annually Annually	Name		
MAIL TO: Concordia University, 1455 de Maisonneuve Blvd. West	City		
C-1250 Montreal, Quebec H3G 1M8	Province Code		

#### RECREATIONAL ATHLETICS AT CONCORDIA

7200 Sherbrooke St. W.		info. 848-3858	
Day	Time	Instructor	Cost
M, W, F	12:00 noon - 1:00 p.m.	Jane Dafoe	. \$10/15/20
T, Th	12:00 noon - 1:00 p.m.	Mauzi Kalousek	\$10/15/20
M, W	5:30 p.m 6:30 p.m.	Linda Lalande	\$10/15/20
T, Th	5:30 p.m 7:00 p.m.	Kim-du Trinh	\$15/20/30
Th, Sun	6:00 p.m 7:30 p.m.	Melarie Taylor	\$15/20/30
Mon	5:00 p.m 7:30 p.m.	Julie Healy	\$5 or 50
Th	7:30 p.m10:30 p.m.	Angela Berlin	\$ 5/10/15
F, Sun	7:30 p.m10:30 p.m.	Don Lee	\$ 5/10/15
M, T, W, Th	7:00 p.m11:00 p.m.	Greg Tyler	\$15 or 200
Schedule to b	Schedule to be posted monthly		\$ 5/10/15
24th - May 12th !	9:00 a.m 5:00 p.m		
	Loyola Campus Athletic Complex	Sir George Williams Campus Victoria School Gym	
	M, W, F T, Th M, W T, Th Th, Sun Mon Th F, Sun M, T, W, Th Schedule to b	Day         Time           M, W, F         12:00 noon - 1:00 p.m.           T, Th         12:00 noon - 1:00 p.m.           M, W         5:30 p.m 6:30 p.m.           T, Th         5:30 p.m 7:00 p.m.           Th, Sun         6:00 p.m 7:30 p.m.           Mon         5:00 p.m 7:30 p.m.           Th         7:30 p.m 10:30 p.m.           F, Sun         7:30 p.m 10:30 p.m.           M, T, W, Th         7:00 p.m 11:00 p.m.           Schedule to be posted monthly           24th - May 12th - 9:00 a.m 5:00 p.m           Loyola Campus	Day   Time   Instructor   Jane Dafoe   M, W, F   12:00 noon - 1:00 p.m.   Jane Dafoe   Mauzi Kalousek   Linda Lalande   T, Th   5:30 p.m 7:00 p.m.   Kim-du Trinh   Th, Sun   6:00 p.m 7:30 p.m.   Melarie Taylor   Mon   5:00 p.m 7:30 p.m.   Julie Healy   Th   7:30 p.m 10:30 p.m.   Angela Berlin   F, Sun   7:30 p.m 10:30 p.m.   Don Lee   M, T, W, Th   7:00 p.m 11:00 p.m.   Greg Tyler   Schedule to be posted monthly   Sir George William   Sir Georg

Note: Prices listed are for students/staff/others.

May 8th - June 30th, 1989

SGW CAMPUS	victoria Gym -	1822 de Maisonneuve B	livd. W. Info	. 848-3860
Activity	Day	Time	Instructor	Cost
Aerobics	M, W, F	12:00 noon - 1:00 p.m.	Kathy Doucas	\$10/15/20
Aerobics	T, Th	12:00 noon - 1:00 p.m.	Rachel Baker	\$10/15/20
Good Morning Aerobics	T, Th	8:00 a.m 8:45 a.m.	Ramin Zohari	\$10/15/20
Low Impact I	T, Th	1:00 p.m 2:00 p.m.	Margaret Collins	\$10/15/20
Total Workout	M, W	5:00 p.m 6:00 p.m.	Karen Kunigis	\$10/15/20
Low Impact II	T, Th	5:00 p.m 6:00 p.m.	Sue Parisella	\$10/15/20
Jazz Workout	T, Th	6:00 p.m 7:30 p.m.	Nancy Lepore	\$10/15/20
Classical Ballet	T.F	6:00 p.m 7:00 p.m.	Elaine Aidelbaum	\$15/20/25
Tai Chi	M. W	6:00 p.m 7:00 p.m.	Roger Ashton	\$10/15/20
Tae Kwon Do	M, W, F	7:00 p.m10:00 p.m.	Mike Gregory	\$50/60/80
Advanced Tae Kwon Do	T, Th	7:00 p.m 9:00 p.m.	Mike Gregory	\$50/60/80
Basketball	T, Th	7:30 p.m10:00 p.m.	Steven Quiblat	\$10/15/20
	Sat	1:00 p.m 4:00 p.m.	Steven Quiblat	11 11 11
Weight Room	M, T, W, Th, F	9:00 a.m 9:00 p.m.	Anthony Moore	\$ 5/10/15
	Sat.	1:00 p.m 4:00 p.m.	Anthony Moore	0 H H
Swimming (Marianopolis)	Daily	Inquire upon registration		\$10/15/N/A